

TOGETHER AGAINST BULLYING



BE KIND

Use friendly words and treat everyone with respect.



INCLUDE OTHERS

Make everyone feel welcome and safe to join in.



SPEAK UP

Tell a safe adult if you see or experience bullying.



CELEBRATE DIFFERENCES

Everyone is unique - and that's something to be proud of.



REMEMBER

Bullying is never your fault.

**Everyone deserves to feel safe,
respected and included,
both online and offline.**