



Using AI Safely

Don't rely on AI

- AI is really useful for researching and generating ideas
- However, relying on AI can weaken our writing, problem solving and thinking skills



AI should support your learning

Chatbots aren't real friends

- AI chatbots can appear to have real emotions and personality - they are not real people
- Never share any personal details with a chatbot



If something upsets you, speak to a person you trust

AI work isn't your own

- AI can quickly produce essays, answers and images
- Claiming AI as your own work breaks a lot of rules - especially at school or in exams



Learning is about developing your own answers, not copying

AI isn't always right

- AI often predicts the truth rather than knowing the truth
- AI can misinterpret and miss out key details



Always fact check using a trusted source

AI can be biased

- AI uses lots of information that can have a one-sided view
- It can present stereotypical views of gender, race, religion and sexuality



Always think critically

AI isn't always real

- AI can be used to create fake images and videos of real people
- 'Deepfakes' can be used to bully, scam and imitate real people online



Don't share if you're unsure